

Application Instructions

Product: Air-Lite Ankle Brace

Model: 443

- Medical grade air bladder.
- Air-Lite Brace may be inflated to patients comfort.
- Contoured shells conform closely to ankle.
- Plastic shells provide medial/lateral stabilization to the ankle joint.



Order #	Size	Brace Height
443	Regular	10 ½"

SIZING:

Universal design fits a most ankles. Fits right or left ankle. Adjustable heel width strap.

HOW TO APPLY:

Wear brace over socks. Do not inflate liner at this point. Place the plastic shells on the sides of the ankle with the foot on the bottom heel piece. Adjust the heel width if needed for a proper fit. While holding the plastic shells together, wrap the lower then the upper strap and fasten with hook and loop closures. The shells should be parallel with the leg and the brace centered on the ankle bone. Once both straps are fastened, readjust the straps to ensure a proper fit. Fit should be snug but not so tight it pinches or it constricts circulation. Liners can be inflated with air to give a custom fit using the included hand bulb. Inflate only to a comfort level – DO NOT OVER INFLATE. If needed, to deflate, engage valve with hand bulb and squeeze liner to release air. Liners may need to be re-inflated with extended wear. Wear over socks and with an athletic type-shoe.

CARE INSTRUCTIONS:

Spot clean with a damp cloth. Wrap in a towel to remove excess water (do not twist or wring). Air dry away from heat. Do not tumble dry. Do not bleach.

CAUTION:

Wear as recommended. Always consult a physician when encountering persistent pain, discomfort, inflammation, or swelling.

SUGG HCPCS CODE: L4350



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