

# Application Instructions

## Product: Industrial Back Support

### Models: 40X

- Form fitting, lightweight material with double pull side panels for additional support.
- Provides excellent lower back and abdominal support.
- Suspenders adjust for a comfortable fit.
- “High Quality” hook and loop closure for durability.



Order #	Size	Waist Measurement
403	Small	24" - 30"
405	Medium	30" - 34"
407	Large	34" - 38"
408	X-Large	38" - 42"
409	2X-Large	42" - 46"
410	3X-Large	46" - 50"
411	4X-Large	50" - 54"

**SIZING:** Measure around waist at widest point.

**HOW TO APPLY:** Apply in a standing position. Unfasten all closures. Place arms through the shoulder straps (suspenders) with the back support centered on the back holding the upper buttocks with the front closure below the navel. Pull the sides of the support until it holds the upper buttocks snugly, secure the hook and loop closure on the support base. Adjust the shoulder straps to the proper length using the slide buckles. Support should fit snug but not bind the groin area when bending. Pull the overlapping double pull tension straps at the same time on both sides until snug and attach hook and loop closures. Readjust if necessary.

**CARE INSTRUCTIONS:** Fasten closures. Hand wash in cold water with mild soap. Wrap in a towel to remove excess water (do not twist or wring). Air dry away from heat. Do not tumble dry. Do not bleach.

**CAUTION:** This product will not prevent back injury nor increase the wearer's ability to lift heavier loads. Failure to follow proper lifting instructions could lead to personal injury. Pregnant women and persons suffering from previous pre-existing back injuries or other medical conditions should consult a physician prior to product use. Always consult a physician when encountering persistent pain, discomfort, inflammation, or swelling.



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