

Application Instructions

Products: Low Profile Air Walkers

Models: 3X0-AE (High Top) and 3X0-LAE (Low Top)

- Inflatable bladder incorporated into liner for increased immobilization of the lower leg, ankle and foot.
- Designed for the treatment of stable fractures and ankle sprains.
- Lightweight for patient comfort.
- Cushioned heel for greater energy absorption.
- Wide rocker bottom design promotes a smooth energy conserving gait.
- High height designed for the treatment of stable fractures and ankle sprains.
- Low height designed for less serious injuries such as stress fractures and post-operatively for foot procedures.



Order # High Top	Order # Low Top	Size	Men's Shoe Size	Women's Shoe Size
330-AE	330-LAE	Small	3 - 7	4 - 8
360-AE	360-LAE	Medium	7 - 11	8 - 13
390-AE	390-LAE	Large	11+	13+

SIZING: Measure according to shoe size.

HOW TO APPLY:

Remove the liner from the brace. The air bladder is inside the liner. DO NOT inflate the bladder at this time. Wrap the liner around the patient's leg and foot. Ensure the heel fits snugly into the portion first followed by the calf portion. The wrap should fit snug, but not too tight. Note – it may be necessary to adjust the fit of the wrap if swelling or edema decreases during the healing process. Attach one end of the straps onto outside of the struts. In a seated position spread the side uprights of the brace and have the patient step into the boot. The foot should be positioned flat with the heel in back of the boot. Affix the uprights to the liner. The uprights should be positioned parallel to the leg. Close the straps starting at the toes and working up the leg. Adjust the straps if necessary.

NOTE –The high height walker has three top straps, whereas the low version has one top strap.

The air bladder can now be inflated to provide a customized fit. To inflate, use the hand bulb by attaching to the valve/tubing in the front of the liner. Squeeze the hand bulb repeatedly to inflate. Inflate until the support feels stable with gentle cushioning but not too tight. **IMPORTANT – DO NOT OVER INFLATE.** Only inflated to a comfortable level. Instruct the patient to check circulation to ensure not too tight. Air may be released from the bladder if needed. To release air, insert the bulb in engage the valve and squeeze the liner to deflate. If slight air loss is experienced with extended wear, simply re-inflate following instructions.

CARE INSTRUCTIONS:

To clean, simply wipe with a damp cloth. DO NOT submerge the liner in water – this could affect the functioning of the air bladder. Air dry away from heat. Do not machine wash or dry. Do not bleach. Spot clean the brace with a damp cloth if needed.

CAUTION:

Wear as recommended. Always consult a physician when encountering persistent pain, discomfort, inflammation, or swelling.

SUGG HCPCS CODE: L4360



326 Main Street
Harleysville, PA 19438
www.advanced-orthopaedics.com