

Application Instructions

Products: Low Profile Walkers

Models: 3X0-Z (High Top) and 3X0-LZ (Low Top)

- Designed for the treatment of stable fractures and ankle sprains.
- Lightweight for patient comfort.
- Cushioned heel for greater energy absorption.
- Anatomically correct design offers superior patient comfort.
- Rocker design promotes a smooth energy conserving gait.
- High height designed for the treatment of stable fractures and ankle sprains.
- Low height designed for less serious injuries such as stress fractures and post-operatively for foot procedures.



Order # High Top	Order # Low Top	Size	Men's Shoe Size	Women's Shoe Size
320-Z	320-LZ	X-Small	Up to 4	Up to 4 ½
330-Z	330-LZ	Small	4 ½ - 7	5 - 8 ½
360-Z	360-LZ	Medium	7 ½ - 10	9 - 11
390-Z	390-LZ	Large	10 ½ - 13	11 ½ - 13 ½
398-Z	398-LZ	X-Large	13 ½ +	14 +

SIZING: Measure according to shoe size.

HOW TO APPLY:

Remove the liner from the brace. Wrap the liner around the patient's leg and foot. Ensure the heel fits snugly into the portion first followed by the calf portion. The wrap should fit snug, but not too tight. Note – it may be necessary to adjust the fit of the wrap if swelling or edema decreases during the healing process. Attach one end of the straps onto outside of the struts. In a seated position spread the side uprights of the brace and have the patient step into the boot. The foot should be positioned flat with the heel in back of the boot. Affix the uprights to the liner. The uprights should be positioned parallel to the leg. Close the straps starting at the toes and working up the leg. Adjust the straps if necessary.

NOTE –The high height walker has three top straps, whereas the low version has one top strap.

CARE INSTRUCTIONS:

To wash the liner, remove from brace and fasten closures. Hand wash in cold water with mild soap. Wrap in a towel to remove excess water (do not twist or wring). Air dry away from heat. Do not tumble dry. Do not bleach. Spot clean the brace with a damp cloth if needed.

CAUTION:

Wear as recommended. Always consult a physician when encountering persistent pain, discomfort, inflammation, or swelling.

SUGG HCPCS CODE: L4386 (PDAC Reviewed)



326 Main Street
Harleysville, PA 19438
www.advanced-orthopaedics.com