

# Application Instructions

## Product: Premium Criss-Cross Lumbar Sacral Support

### Model: 51X

- Lightweight with classic criss-cross reinforcement design.
- Elastic construction with four stays for added support.
- 9" in back tapers to 4" in the front.



Order #	Size	Waist Measurement
513	Small	24" - 30"
515	Medium	30" - 34"
517	Large	34" - 38"
518	X-Large	38" - 42"
519	2X-Large	42" - 46"

**SIZING:** Measure around waist at widest point.

#### HOW TO APPLY:

Apply in a standing position. Unfasten all closures. Place the back of the support around back and upper buttocks area. Pull the sides of the support around until it holds the upper buttocks snugly, secure the hook and loop closure on the support base. Support should fit snug but not bind the groin area when sitting. Readjust if necessary.

#### CARE INSTRUCTIONS:

Fasten closures. Hand wash in cold water with mild soap. Wrap in a towel to remove excess water (do not twist or wring). Air dry away from heat. Do not tumble dry. Do not bleach.

#### CAUTION:

Wear as recommended. Always consult a physician when encountering persistent pain, discomfort, inflammation, or swelling.

**SUGG HCPCS CODE:** A4466



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