

Application Instructions

Product: Stabilizing Range of Motion Walker

Model: 31X (High Top)

- Made with adjustable, double-action ankle joint.
- Lock in fixed position or up to 45° degree range of motion.
- Left or right metal uprights are malleable.
- Designed for the treatment of stable fractures and ankle sprains.
- Lightweight for patient comfort.
- Cushioned heel for greater energy absorption.
- Wide rocker bottom design promotes a smooth energy conserving gait.



Order #	Size	Men's Shoe Size	Women's Shoe Size
313	Small	4 - 7 ½	5 - 8 ½
315	Medium	7 ½ - 10 ½	8 ½ - 11 ½
317	Large	10 ½ - 13	11 ½ - 14

SIZING: Measure according to shoe size.

HOW TO APPLY:

SETTING THE HINGE:

Provides protected range-of-motion following trauma or post-operative procedures. ROM settings between 45° plantar-flexion and 30° dorsi-flexion in 7.5° increments. Uprights will lock in fixed positions of 0°, 7.5°, 15°, 22.5°, and 30° plantar- and dorsi-flexion. Rotate the hinge cover to expose the plantar flexion stop pin. Place pin in desired setting – pin holes are in 7.5 degree increments. Next, rotate the hinge cover to expose the dorsi-flexion stop and set pin. Reposition the hinge cover to keep pins in place. Set both the medial and lateral hinges to the same settings.

Remove the liner from the brace. Ensure the heel fits snugly into the portion first followed by the calf portion. The wrap should fit snug, but not too tight. Note – it may be necessary to adjust the fit of the wrap if swelling or edema decreases during the healing process. Attach one end of the straps onto outside of the struts. In a seated position spread the side uprights of the brace and have the patient step into the boot. The foot should be positioned flat with the heel in back of the boot. Affix the uprights to the liner. The uprights should be positioned parallel to the leg. Close the straps starting at the toes and working up the leg. Adjust the straps if necessary.

CARE INSTRUCTIONS:

To clean, simply wipe with a damp cloth. DO NOT submerge the liner in water – this could affect the functioning of the air bladder. Air dry away from heat. Do not machine wash or dry. Do not bleach. Spot clean the brace with a damp cloth if needed.

CAUTION:

Wear as recommended. Always consult a physician when encountering persistent pain, discomfort, inflammation, or swelling.

SUGG HCPCS CODE: L4386



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