

# Application Instructions

## Product: Wrist Brace with Thumb Spica

### Model: L-18X, R-17X

- Indicated for immobilization of the MP/CMC joints.
- Indicated for deQuervain's syndrome and arthritis.
- Constructed of lightweight, breathable, padded material for maximum comfort and wear.
- Maximum contouring of the palmar crease allows for full finger function.
- Removable and adjustable palmar stay for maximum support.
- Removable rigid thumb stay is adjustable for a custom fit.
- 8" length.



Order # Left	Order # Right	Size	Wrist Circumference
L - 181	R - 171	X-Small	4½" - 5½"
L - 183	R - 173	Small	5½" - 6½"
L - 185	R - 175	Medium	6½" - 7½"
L - 187	R - 177	Large	7½" - 8½"
L - 188	R - 178	X-Large	Over 8½"

**SIZING:** Measure around center of wrist. Specify Right or Left.

### HOW TO APPLY:

Unfasten closures. Pull the brace over the hand with wide stay on palm side and the spica portion parallel to the thumb. The spica portion should fit around the base of the thumb. Using free hand, close the loop and lock straps starting at the bottom. Close the top strap around the thumb. Readjust if necessary.

### CARE INSTRUCTIONS:

Fasten closures. Hand wash in cold water with mild soap. Wrap in a towel to remove excess water (do not twist or wring). Air dry away from heat. Do not tumble dry. Do not bleach.

### CAUTION:

Wear as recommended. Always consult a physician when encountering persistent pain, discomfort, inflammation, or swelling.

**SUGG HCPCS CODE:** L3807



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